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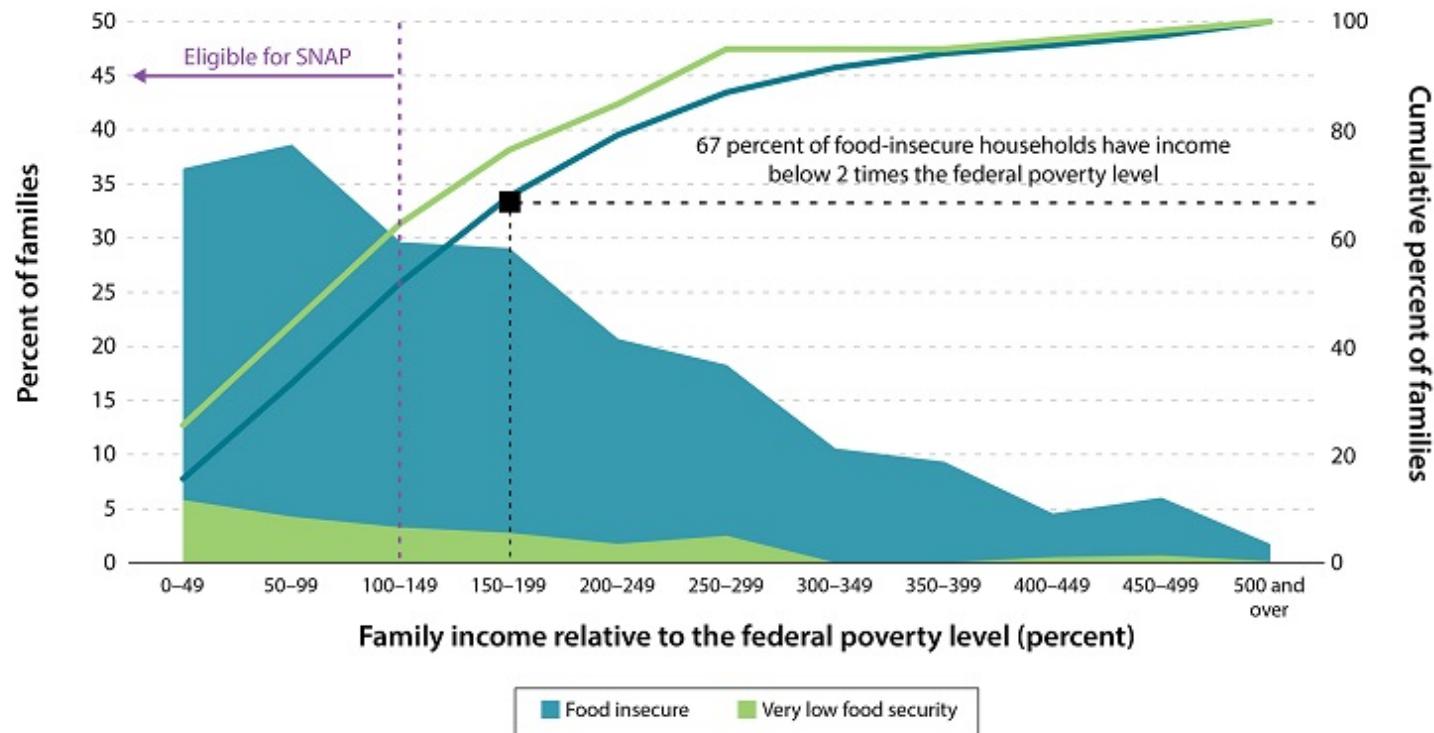
# Food Insecurity in Shaker Heights

## A Review of Data and Policy

June 13, 2019

Loren Anthes, The Center for Community Solutions

# Food Insecurity



**Food Security:** When people, at all times, have physical and economic access to sufficient, safe, and nutritious food to meet their dietary needs and preferences for an active, healthy life.

# Shaker Heights



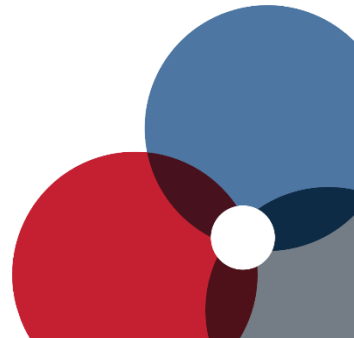
**5,078 People** in Shaker Heights live at or below 200% of the Federal Poverty Level, which means they are eligible to receive food bank benefits in Ohio.

## Poverty

	Shaker Heights
Persons living below poverty	8.1%
Children (Age 0-17) living below poverty	9.3%
Families with children living below poverty	6.8%
Seniors (Age 65+) living below poverty	5.1%
Persons in deep poverty (under 50% of poverty)	3.4%
Persons in or near poverty (under 200% of poverty)	18.4%

# SNAP

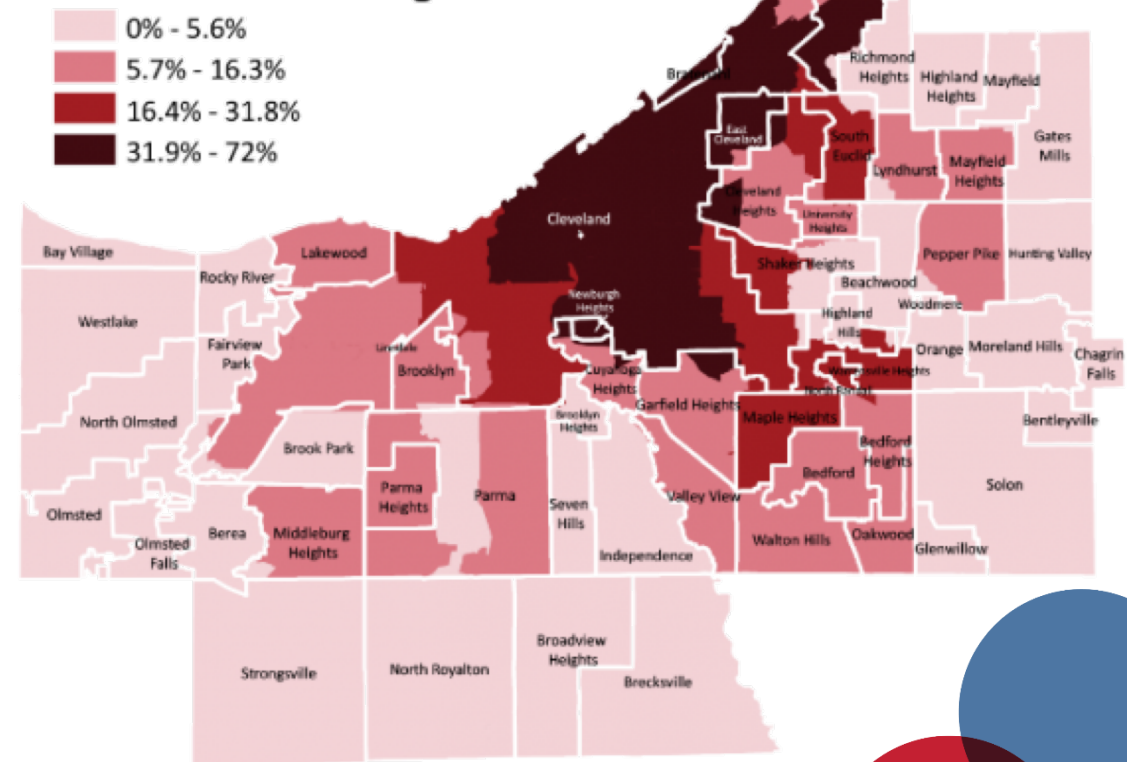
- SNAP
  - Supplemental Nutrition Assistance Program
  - 1.4M Ohioans – 8.7% of Shaker Heights residents
  - Responsible for significant reductions in poverty (17% in 2015 alone)
  - Worth \$170M in economic input each month
- Average Ohio Household
  - White
  - Working (with three out of four households having more than one person)
  - Single Parent (mostly mothers)
  - One out of two have someone with a disability
  - One in four has someone over the age of 60
  - Average benefit does not cover a full grocery budget



# Older Adults

- Food Insecurity is an Older Adult Issue
  - 1 in 6 older adults are food insecure (17.6%) – about 457,000 people over 60
  - Food insecurity = 60% more like to experience depression
  - Older adults visiting food pantries in Ohio has increased by 20 percent with a total of 449,115 people age 60 and over visiting food pantries in the first quarter of 2017

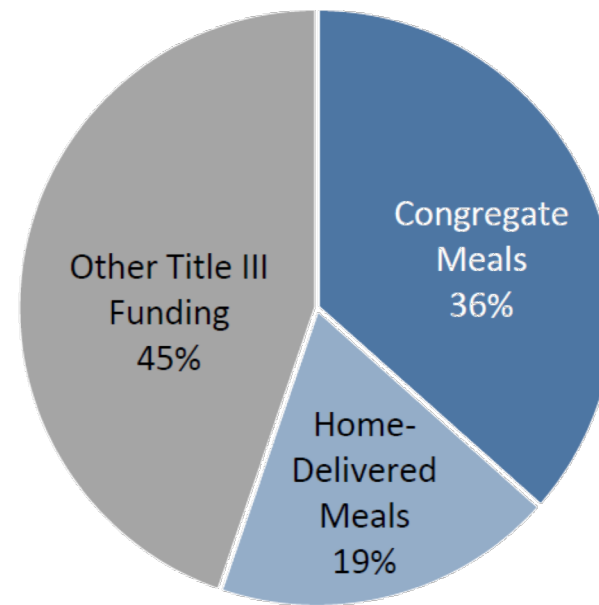
### Percent of Older Adults (Age 60+) Who Visited A Greater Cleveland Food Bank Partner Program in 2017



# Older Adults

- Older Americans Act
  - Home delivered meals
    - Locally administered, homebound individuals
  - Congregate meals
    - Group setting
  - Money flows through Area Agency on Aging (WRAAA)
    - Responsible for paying match to draw down funds, using local levy dollars, CSBG, provider contributions, etc

**55 Percent of Ohio's OAA Title III Funding Pays for Meals**



**Source: Administration for Community Living FY 2016 Allocations**

# Older Adults

- Challenges
  - Waiting lists
  - Staffing
  - 1 meal may not be enough
- Opportunities
  - Creating partnerships with local restaurants for congregate meals
  - Only 40% of eligible seniors are accessing SNAP

**1** home-delivered meal costs



This means we could provide older Ohioans with **1 month of daily delivered meals** for the same cost as **1 day in a nursing home**.



\$210  
=



**1** year of Home-Delivered meals



\$1,820



**1** day in a hospital

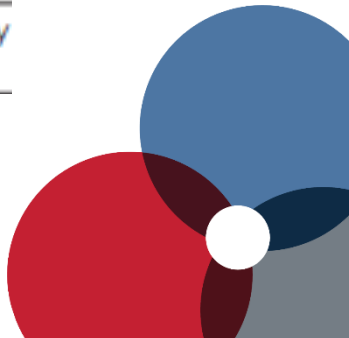


\$2,608

# Connection to Health

- Kids
  - Food insecurity has been shown to affect key developmental milestones, with connections to behavioral problems, school absenteeism and poor academic performance
- Higher Costs
  - Food insecurity is associated with an increased incidence of chronic disease, nursing home admissions and higher rates of diabetes-related hospitalizations

33	Food access and food insecurity		
29	<b>Healthy food access.</b> Percent of population with limited access to healthy food, defined as the percent of low-income individuals (<200% federal poverty guideline) living more than 10 miles from a grocery store in rural areas and more than one mile in non-rural areas (2015)	6.8%	No change
40	<b>Food insecurity.</b> Percent of households that are food insecure (2015-2017)	13.7%	Moderately improved



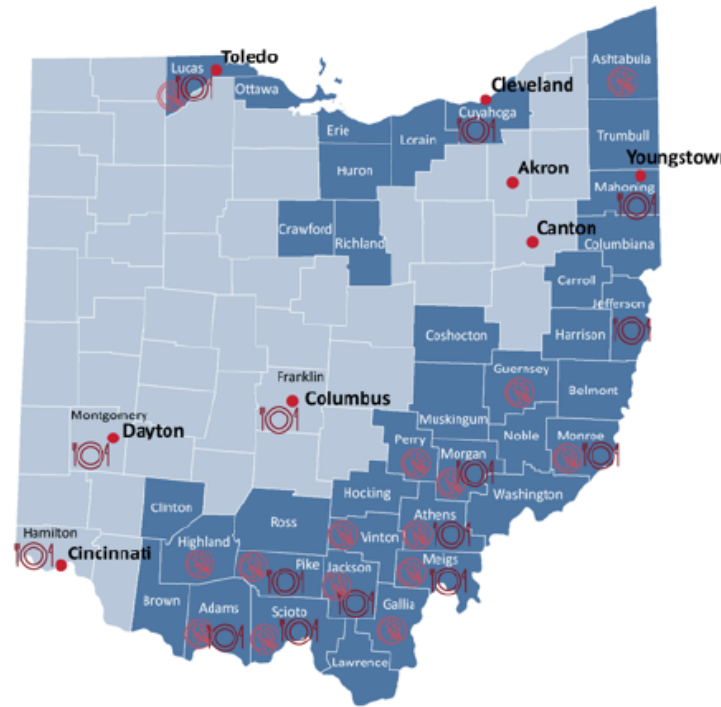


# Policy Discussions: County SNAP Exemptions

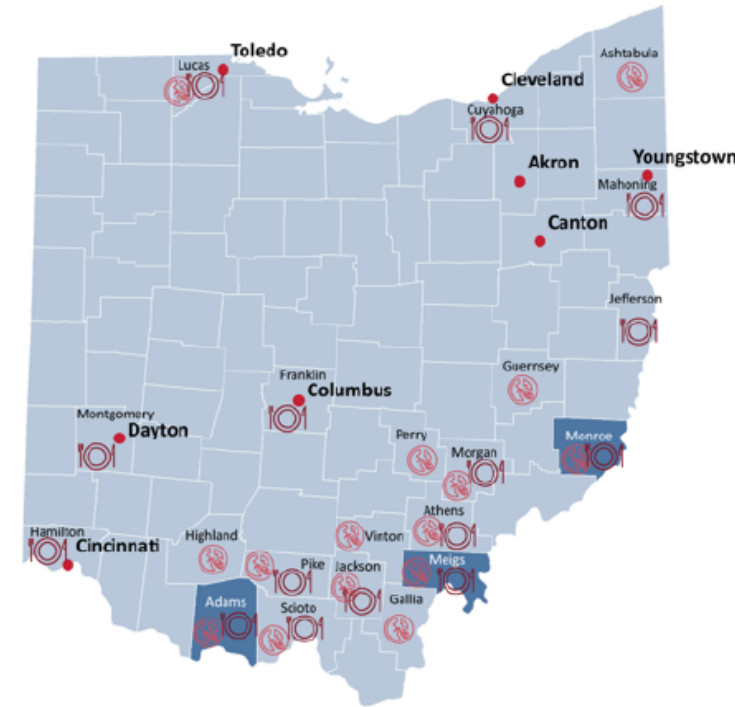
- Federal

- SNAP Limits for ABAWDs
- Would raise county exemptions for high-unemployment counties to 7%
- Evidence suggests work requirements do not act as an incentive
- Disproportionate impact on minorities

**Current Policy**  
Federal Fiscal Year 2019  
(10/1/2018 to 9/30/2019)



**If Proposed Rule Took Effect Today**  
Based on Most Recent BLS 24-Month Average  
Unemployment Data

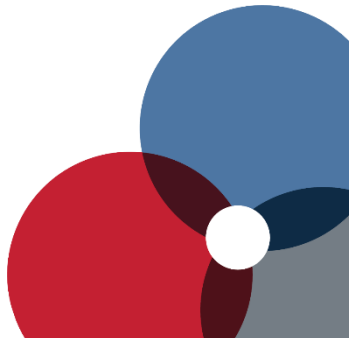


■ Waived from Work Requirement  
■ Not Waived from Work Requirement  
● Ohio's Eight Largest Urban Areas

Ⓢ Top 15 Highest County Poverty Rates  
🍴 Top 15 Highest County Food Insecurity Rates

# Policy Discussions: Other Policy

- HB 200
- OAFB
  - 10M from TANF (\$1.20/per person per month)
  - Ongoing advocacy campaign
- FPL Rule
  - Would tie FPL inflation to a different number



# Hello

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